Growth Mindset and Social Emotional Learning Books

Creating my new book THIS COULD BE YOU (April 1, 2022) has led me to a bigger, more personal cause -- guiding adults in the purposeful sharing of books that empower children, help them develop a growth mindset and ultimately help to normalize the discussion of mental health with children.

Y is for Yet by Shannon Anderson and Jake Souva

The Magical Yet by Angela DiTerlizzi and Lorena Alvarez

Penelope Perfect: A Tale of Perfectionism Gone Wild by Shannon Anderson and Katie Kath

The World Needs a Boy/Girl Like You By Frank Murphy and Kayla Harren

Evie’s Field Day by Claire Noland and Alicia Teba

Spaghetti in a Hot Dog Bun by Maria Dismondy and Kim Shaw

Cookie and Milk by Michelle McAvoy and Jessica Gibson

Dazzling Travis by Hannah Carmona and Brenda Figueroa

Kindness is a Kitestring by Michelle Schaub and Claire LaForte

Raja’s Pet Camel by Anita Amin and Parwinder Singh

Chocolate Milk Por Favor by Maria Dismondy and Donna Farrel

The Potato Chip Champ by Maria Dismonday and Dawn Beacon

The Jelly Donut Difference by Maria Dismondy and PS Brooks

The Fruit Salad Friend by Maria Dismondy and Kathryn Selbert

Spoonful of Sweetness by Maria Dismondy and Ronnie Rooney

Pink Tiara Cookies for Three by Maria Dismondy and Cary Pillo

Lila Lou’s Little Library by Nikki Bergstresser and Sejung Kim

The Dot by Peter H. Reynolds

The Most Magnificent Thing by Ashley Spires

Ada Twist Scientist (and others in the series) by Andrea Beaty and David Roberts

Rosie’s Glasses by David Whamond

Giraffes Can’t Dance by Giles Andreae and Guy Parker-Rees

Your Fantastic Elastic Brain by JoAnn Deak, Phd.

Making a Splash by Carol E. Relly

Bubble Gum Brain by Julia Cook and Allison Valentine

The Girl Who Never Made Mistakes by Mark Pett and Gary Rubenstein

After the Fall by Dan Santat

Three Ninja Pigs by Corey Rosen Schwartz and Dan Santat

Mootilda’s Bad Mood by Corey Rosen Schwartz, Kirsti Call, and Claudia Ranucci

Brontorina by James Howe and Randy Cecil

Frederick by Leo Lionni

Two Problems for Sophia by Jim Averbeck and Yasmeen Ismail

Galimoto by Karen Lynn Williams and Catherine Stock

Melia and Jo by Billy Aronson and Jennifer Oxley

Rainbow Weaver by Linda Elovitz Marshall and Elisa Chavarri

It’s Ok the Make Mistakes by Todd Parr

What Do You Do With a Chance (and others in the series) by Kobi Yamada and Mae Besom

Ruby Finds a Worry by Tom Percival

Tilda Tries Again by Tom Percival

Perfectly Norman by Tom Percival

Ravi’s Roar by Tom Percival

Meesha Makes Friends by Rom Percival

The Koala Who Could by Rachel Bright and Jim Fields

Flight School by Lita Judge

Salt in His Shoes by Deloris Jordan, Roslyn M. Jordan, and Kadir Nelson

Ruby’s Wish by Shirin Yim Bridges and Sophie Blackall

Jumbari Jumps by Gala Cornwall

Emmanuel’s Dream by Laurie Ann Thompson and Sean Qualis

Ish by Peter H. Reynolds

Beautiful Oops by Barney Saltzberg

How to Catch a Star by Oliver Jeffers

The OK Book by Amy Krause Rosenthal and Tom Lichtenheld

Sky Color by Peter H. Reynolds

Amazing Grace by Mary Hoffman, Alfre Woodard, and Caroline Binch

Everyone Can Learn to Ride a Bicycle by Chris Raschka

Anything is Possible by Guilia Belloni and Marco Trevisan

We’re All Wonder by R.J. Palacio

She Persisted by Chelsea Clinton and Alexandra Bolger

Mistakes That Worked by Charlotte Foltz Jones and John O’Brien

The Wonderful Things You Will Be  Emily Winfield Martin

The Day the Crayons Quit by Drew Daywalt and Oliver Jeffers

Whistle for Willie by Ezra Jack Keats

Goodnight Stories for Rebel Girls by Elena Favilli and Francesca Cavallo

Nadia: The Girls Who Couldn’t Sit Still by Karlin Gray and Christine Davenier

Drum Dream Girl: How One Girl’s Courage Changed Music by Margarita Engle and Rafael Lopez

Unstoppable Me by Dr. Wayne W. Dyer and Kristina Tracy

Dreams Come True. All They Need is You by Mike Dooley and Virginia Allyn

A Splash of Red: The Life and Art of Horace Pippin by Jen Bryand and Melissa Sweet

The Thing Lou Couldn’t Do by Ashley Spires

What Should Danny Do? (and others in the series) by Adir Levy and Mat Sadler